## NEVADA HAND Affordable Assisted Living



## What is Assisted Living?

- Assisted Living communities are designed for seniors who may not be able to live on their own safely, but do not require the higher level of care provided in a nursing home.
- Assisted living communities offer a wide range of services, such as minimal to extensive assistance with activities of daily living (bathing, dressing, personal hygiene, escorting, etc.), medication management, meal service, transportation, housekeeping, laundry services, life enrichment/community life, and coordination of care with various healthrelated entities.
- Assisted Living provides and/or coordinates personal services, 24 hours a day, with supervision by licensed and unlicensed employees.



## What is Assisted Living? (continued)

- Designed to maximize a resident's quality of life, dignity, autonomy, choice, independence, privacy, socialization, and safety.
- Designed to encourage a sense of community: Encourage family, friends and community involvement and interaction.
- Designed to accommodate residents' individual diagnoses, changing needs, and preferences: a person-centered approach.
- Designed as a setting that provides assistance on various levels in maintaining and enhancing the physical, emotional, intellectual, social, and spiritual well-being of the residents that reside in the community based on their preferences.
- Designed as a residential setting that provides and/or coordinates personal services, 24 hours a day, with supervision and staff assistance, both scheduled and unscheduled.



## About Nevada HAND's Assisted Living

- Assisted living is one of the fastest-growing long-term care options for aging seniors, and Nevada HAND is the only organization to offer affordable assisted living communities in Nevada.
- Silver Sky Assisted Living and Silver Sky at Deer Springs are Nevada HAND's two allinclusive assisted living communities that provide 180 units of housing for seniors (55+) who need a little extra support with activities of daily living.
- These communities offer all-inclusive care including meals, a full calendar of activities, caregivers on-site, along with 24-hour nursing and medical support. All staff take pride in their work and are committed to providing comprehensive care to all residents.
  - Three meals per day, Weekly housekeeping, Weekly laundry, Assistance with showering & dressing, Medication management, Daily resident activities, Scheduled transportation to and from doctor appointments, outings, and shopping, All utilities, including cable and Wi-Fi. Phone not included, 24-hour caregivers & wellness checks









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## History of HAND Senior Living

- <u>2003 to 2006</u> Numerous support in Nevada to build the State's first Affordable Assisted Living Community.
- <u>2006</u> Silver Sky opened as the first Affordable Assisted Living Community in the State of Nevada.
- **<u>2006 to 2011</u>** Silver Sky was managed by a third-party vendor.
- <u>2011</u> Silver Sky at Deer Springs opened as the second Affordable Assisted Living Community in the State of Nevada.
- <u>2012</u> HAND Senior Living created and joined Nevada HAND as an Affiliate underneath the nonprofit entity.



### **Regulatory Entities and Compliance**

- Nevada Revised Statues (NRS) and Nevada Administrative Code (NAC):
  - 200 Crimes Against the Person
    426 Persons with Disabilities

  - 427A Services to Aging Persons and Persons with Disabilities
    422 Health Care Financing and Policy

  - 441A Communicable Disease
  - 446 Food Establishment
  - 449 Medical and Other Related Facilities
  - 654 Administrators of Facilities for Long-Term Care
- Medicaid Services Manual (MSM), Chapter 2200 and Provider Types 57 and 59
- Nevada State Board of Pharmacy
- Nevada State Board of Nursing
- Nevada State Board of Examines for Medical Professionals
- Nevada State Board of Examiners for Long Term Care Administrators



## What Long-Term Care Options are Available to seniors living in Nevada?

	HIC Home	Group Home	Assisted Living	Memory Care	Nursing Home (Skilled, Rehab, and LTC)
Size	2 or less beds	10 or less beds	11 or more	Any amount	Any amount
Licensed Administrator	NO	Required	Required	Required	Required
Licensed Nurse	NO	NO	NO except a R.N. is needed for certain clinical conditions	NO except a R.N. is needed for certain clinical conditions	Required
Consulting Pharmacist	NO	YES	YES	YES	YES
Consulting Dietitian	NO	NO	YES	For 11 or more beds, YES	YES
Social Worker	NO	NO	NO	NO	YES
Full Food Establishment Required	NO	NO	YES	For 11 or more, YES	YES
Provide Skilled Nursing Services, such as wound care, Physical Therapy, Occupational Therapy, etc.	YES -outside provider comes onsite	YES -outside provider comes onsite	YES -outside provider comes onsite	YES -outside provider comes onsite	NO - employees internally provide these services
Cost	\$3500 to \$7000	Shared Room \$2100 to \$5000 Private Room \$3500 to \$7000	\$4378 to \$5100 Room Plus Level of Care	\$5970 to \$6800	Semi-Private Room \$10,025 Private Room \$12,578



# What Does Nevada HAND's Affordable Assisted Living cost?

	30%	50%	60%
<u>RENT</u>	\$460	\$767	\$921
HOSPITALITY	\$1300	\$1300	\$1300
ASSISTED LIVING	\$800	\$800	\$800
TOTAL:	\$2560	\$2867	\$3021



# How do Nevada HAND's Seniors Afford Long-Term Care Options?

Upon our screening process, our licensed Administrators and the Director of Community Relations will review the file to see what additional funding sources the resident would qualify for.

#### **Funding Options for our Seniors:**

- Home and Community-Based Waiver program (Medicaid)
- VA Aid & Attendance Program
- Choice Housing Voucher Program (Section 8)
- Long-Term Care Insurance



#### Nevada HAND's Assisted Living: Sustainability Challenges

- Resident Transportation Fleet is aging
- Community Technology Upgrades are needed
- Limited Available Medicaid Slots
- Current Medicaid Reimbursement Rates



### Medicaid Reimbursement

- Current Medicaid reimbursement only covers a fraction of the actual cost of providing around the clock (24/7) care that assists with residents daily living needs.
- Nevada HAND conducted a daily cost analysis for care fee reimbursement from the Medicaid Waiver Program, and it was discovered that the average daily cost of providing service to one resident is \$68.75. The current daily reimbursement rate is \$23.00.
- For all Medicaid recipients at the two affordable assisted living communities, the difference between the cost of providing the service and the current reimbursement rate has resulted in a year-to-date (11/28/22) loss of \$207,695.
- Nevada HAND has self-subsidized (\$104,011) to ensure that Residents are receiving the appropriate level of care by admitting them to our communities, processing the application to get them on the FE Assisted Living Waiver, and concessed the care portion until there is Provider Type 57 or 59 slot available.

## THANK YOU

